

## Guide to the Trial Nappy Pack

There are three main types of nappies on the market - flat nappies, shaped nappies and all-in-one nappies. Please refer to the brochure for further details on each type of nappy. Your trial pack contains an example of two types of shaped nappy, an all-in-one nappy and the accessories required to try them. This sheet gives further information on the nappies included in the pack, however, please do not hesitate to contact us if you need further details.

### The Nappies



**Littlelamb Microfibre Nappy** – i.e. the white fluffy one. This nappy fastens with Velcro, has a cross over tab to ensure a good fit and is very easy to use. It has fold down laundry tabs to prevent the Velcro from picking up fluff. The nappy is made from a synthetic material which stays fluffy and is very quick drying. The Littlelamb microfibre nappy comes in two sizes. The small trial pack contains a size 1, which has a removable booster for extra absorbency. (Size 1 – 7-20lbs)

**Lollipop Bamboo Nappy** - This shaped nappy offers excellent absorbency whilst retaining a slim fit. Bamboo fibres are more absorbent than cotton but may take a longer time to dry. Special cross over tabs at the waist combined with snug elastic ensure a good fit and excellent containment. Bamboo has a soft silky feel which it retains after washing much better than cotton and grows easily without the need for pesticides - a perfect combination for a nappy fabric. The Lollipop Bamboo nappy comes in two sizes. The small pack contains a size 1 which is designed to fit a baby 7-16lbs in weight.



**Tots Bots Easy Fit** – This all-in-one nappy. It is a shaped, one piece nappy with elasticated legs and waist. It is aplex fastening and slim fitting. It has a fold out minky microfibre core to allow for quicker drying. It has an in- built water proof layer and therefore no additional wrap is required. The Easy fit is designed as a birth to potty nappy and therefore will fit a baby from 8-35lbs in weight.

### The Wrap

**Littlelamb Wrap** – This is a very effective, breathable, waterproof wrap, which is worn over the top of the Littlelamb microfibre nappy and the Lollipop bamboo nappy and prevents your baby's clothes from getting damp. Wraps that are too big or too small are likely to leak or cause red marks on the baby's thighs or tummy so make sure that you are using the correct size. The small trial pack contains a size 1 wrap which is designed to fit a baby from 7-20lbs in weight.



## The Accessories

**Fleece liner** – Fleece liners are used as a one-way liner to keep your baby's bottom exceptionally dry. They allow liquid to pass through to the nappy where it is absorbed while the liner stays dry protecting your baby's skin. They are reusable and should be washed alongside your nappies after putting any solids down the toilet.

**Flushable Paper Liner** – paper liners are also used as a one-way liner to keep your baby's bottom dry. They are convenient as they can be flushed down the toilet, although they are not quite as effective as the fleece liners as they can sometimes scrunch up inside the nappy as your baby moves around. If the nappy is wet then throw the liner in the bin, if the nappy is dirty then flush the liner down the toilet.

**The Nappy Bag** – The cute fluffy bag that your nappies came in is a nappy bag to be used when you are out and about. Put wet nappies into the bag and draw the string closed. No need for perfumed plastic bags.

**Reusable wipes** – There is a reusable wipe included in the nappy pack for cleaning baby's bottom. This is the small rectangle with fleece on one side and towelling on the other. Just dip it in water and you have a reusable wet wipe with no added perfumes or chemicals. Wash it as normal along with your nappies.



## Washing and Drying

- Don't forget to wash your nappies before use - they will not be fully absorbent until washed 2-3 times!
- A nappy bucket or any bucket with a lid is needed to store dirty nappies in before washing. You do not need to soak nappies before washing, as this tends to make them smell more.
- A nappy mesh can be used inside your bucket. This is a mesh bag that hangs inside the bucket so that you can lift out all the nappies together when putting them in the machine.
- Nappies can be washed at 60° and wraps usually at 40°. There is no need to boil wash your nappies.
- Use your usual washing powder but don't use fabric conditioner as this may affect the absorbency of your nappies.
- Nappies can be dried on a drying rack, a pulley, or over radiator dryers and of course on a washing line in better weather.